

MONDAY, OCTOBER 21, 2019

REGULAR SCHEDULE

1st Bell 7:25

1st 7:30 - 8:25

2nd 8:30 - 9:30

3rd 9:35 - 10:30

1st Lunch 10:35 - 11:05

4th 11:10 - 12:05

4th 10:35 - 11:30

2nd Lunch 11:35 - 12:05

5th 12:10 - 1:05

6th 1:10 - 2:05

Buses Depart 2:12

BRUIN HAPPENINGS

10/21 ~ Bruin Newsletter Articles Due

10/22 ~ Retake Picture Day

10/23 ~ Senate/Stuco @ PAWS

10/23 ~ Math Comp @ CHS

10/24 ~ College App Day

10/25 ~ LIF - Employee Directed

10/25 ~ NHS Pumpkin Run

10/26 ~ Funfest

10/26 ~ Festival of Bands

BRUIN SPORTS

10/22 ~ Girls Swim vs. Oak Harbor - Away - 4:00 pm

10/22 ~ Girls Soccer vs. Glacier Peak - Away - 7:00 pm

10/22 ~ Volleyball vs. Glacier Peak @ Home - 7:00 pm

10/24 ~ Volleyball vs. Jackson - Away - 7:00 pm

10/24 ~ Girls Soccer vs. Jackson @ Home - 7:30 pm

10/24 ~ Girls Swim vs. Archbishop Murphy @ Home - 2:30 pm

10/25 ~ Football vs. Mariner - Away - 7:00 pm

10/26 ~ District Dive Qualifier @ Home 2:30 pm

STAFF & STUDENTS

- Hey Bruins, it's finally time for this year's first volleyball tournament. Summer season is out and spooky season is in. Costume volleyball packets are here, and are located right outside the activity center. The tournament is on October 31st at

2:30. It costs \$5 w/asb and \$7 w/out asb. If you are interested in playing make sure to pick up a packet! All are welcomed and we'll see you there!

- Students the 202 Presidential election will soon be here and it will be historic! We are planning a trip to the East Coast to witness the next Presidential Inauguration in DC! Please consider joining us on this once in a life time opportunity to participate in Democracy in action! We will have a parent information meeting on Tuesday, October 29th from 7 to 8pm! If interested please join us then and or contact Ms. Webster in room 617.
- Are you interested in a community service opportunity? Are you passionate about making the world a better place? Join Cascade's Interact Club! The next meeting will be Friday, October 25th, right after school in the Career Center. There will be set-up for Funfest and fall treats and snacks provided.
- If you would like information for your family to receive holiday food drive resources, please contact the Volunteers f America by calling 211. The last day to apply for assistance is on October 31st.
- Hey Bruins! If you have an extra bed you should host an Australian. Forms are found in the Activities Center and Ms. Olson-Kelly's room 313. They are due back October 27th. Please consider hosting, we need people to fill those spots. Let's turn these Aussie's lives upside down!
- Link to CHS Yearbook for more information about senior portraits, quotes, and grad ads www.everettsd.org/domain/143. **Quick Deadlines Yearbook:** Senior Portraits are due before: **November 11th**, Senior Quotes are due before: **November 15th**, Senior Grad Ads are due before: **March 5th**

Quote for the day: Success is determined not by whether or not you face obstacles, but by your reaction to them. And if you look at these obstacles as a containing fence, they become your excuse for failure. If you look at them as a hurdle, each one strengths you for the next.

LUNCH MENU

MONDAY ~ Orange Chicken or Beef & Broccoli

TUESDAY ~ Smothered Burrito with Spanish Rice

WEDNESDAY ~ Asian Cuisine

THURSDAY ~ Chicken Drumstick, Au Gratin Potatoes, Roll

FRIDAY ~ Chef's Choice